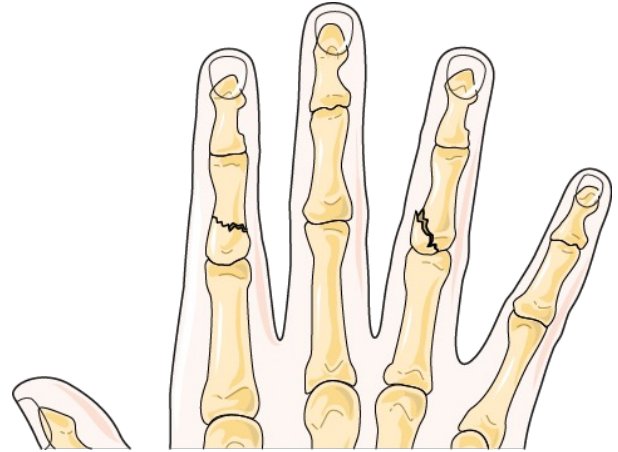


# FINGER FRACTURES

## Symptoms

- Inability to bend/straighten finger
- Swelling or bruising to fingers
- Pain over the fracture site



## Anatomy/Cause

Fractures (or a break) to the bone/s of the finger are common injuries that can be in response to various kinds of trauma. Common causes may be from a fall, sports or crush injuries.

## Treatment

At Hand Works, we can assess your fracture and determine the best treatment and therapy going forward. Many fractures can be healed conservatively, through immobilisation to allow the bone to heal. We are also able to advise you if input from a hand surgeon may be required.

Your therapist may:

- Provide a custom-made splint that will immobilise the fracture to promote bone healing.
- Advise you on activity modifications and other precautions to consider while your fracture is healing.
- When appropriate, commence gentle strengthening exercises and stretches to increase finger range of movement and regain function.

## Referral

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Name: \_\_\_\_\_

D.O.B: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Mobile: \_\_\_\_\_

Therapy Requested:

\_\_\_\_\_

Medical Centre: \_\_\_\_\_

Provider Number: \_\_\_\_\_

## LOCATIONS

### MURDOCH

Suite 16, Level 1  
Wexford Medical Centre  
3 Barry Marshall Parade

### WEST PERTH

Level 1, 1 Havelock Street

### SOUTH PERTH

Suite 6, 77 South Terrace

### DUNCRAIG

3/64 Arnisdale Road

### MT LAWLEY

61 Walcott Street

### MANDURAH

271 Pinjarra Road

### ROCKINGHAM

24 Pedlar Circuit