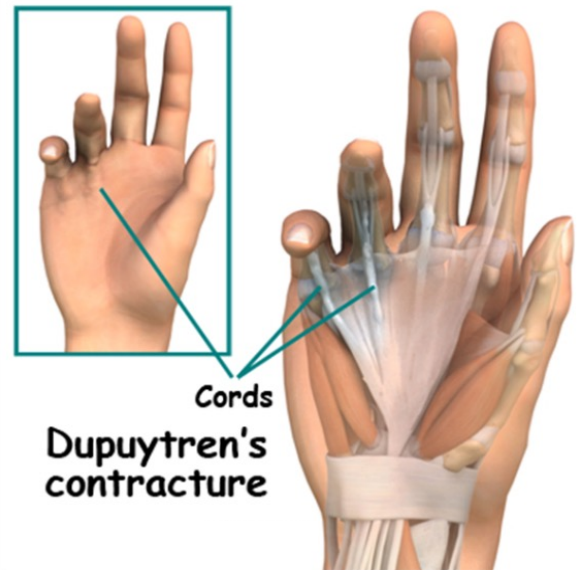


DUPUYTREN'S CONTRACTURE

Symptoms

- The ring and small finger(s) are affected more often
- Firm nodules or cords can be felt and seen in the palm running up into the fingers
- Gradual curling over of the digits and inability to straighten



Anatomy/Cause

Dupuytren's contracture is a condition affecting the connective tissue beneath the skin of the palm, known as fascia. Over time, the fascia thickens and forms cords, causing the fingers to gradually curl inward, impairing mobility and function. This condition is sometimes referred to as 'Vikings Disease'.

Treatment

While conservative treatment does not offer a cure for Dupuytren's contracture, surgical intervention, such as Fasciectomy, is typically the most effective method for addressing the condition by surgically removing the diseased tissue. At Hand Works, your therapist will be able to provide education, assess and guide you on how/when to seek a surgical consult. Following these procedures, hand therapy is vital for recovery and may include:

- Wound care and scar management
- Splinting the fingers straight during sleep
- Exercises and stretches to improve your hand's range of motion

Referral

Date: ____/____/____

Patient Name: _____

D.O.B: ____/____/____

Patient Mobile: _____

Therapy Requested:

Medical Centre: _____

Provider Number: _____

LOCATIONS

MURDOCH

Suite 16, Level 1
Wexford Medical Centre
3 Barry Marshall Parade

WEST PERTH

Level 1, 1 Havelock Street

SOUTH PERTH

Suite 6, 77 South Terrace

DUNCRAIG

3/64 Arnisdale Road

MT LAWLEY

61 Walcott Street

MANDURAH

271 Pinjarra Road

ROCKINGHAM

24 Pedlar Circuit